



Activities in bold require advance sign-up
Cancellations for all activities must be received by noon the day before the activity

SATURDAY

Vacationer Check-In: (3:00-5:00pm)

Changes to your activities can be made with the Hospitality Coordinator during this time. Guests will have already signed up for the activities in which they wish to participate. However, you will have a chance to make final changes on Saturday when you arrive.

New Vacationer Tour: (6:30-7:00pm) New Vacationers are invited to meet at the plaza in front of San Rafael Towers for an overview of the Family Vacation Center's operations and tour of the facilities.

Welcome Show: (7:00-8:00pm) The Family vacation Center staff will be introduced with an exciting show. Following the show, we will excuse the kids to meet their counselors and play games on the lawn, while Sheri Fruhwirth, FVC Director, and Megan Souleles, FVC Assistant Director, will take a some time to review the week's programs and answer any questions at the Adult Meeting.

SUNDAY

Tennis Mixer: (9:15-11:45am) This event is a great way to get information about our tennis program and to learn more about lessons. The Tennis Mixer will have on court activities to get to know our Tennis Pro Charlotte Scatliffe. Meet at the plaza if you would like transportation; otherwise, the courts are a short walk to the Recreation Center.

Santa Barbara Art Walk: (9:15-11:45am) **NEW!** Shuttle service is offered to the ever popular beachside Santa Barabra Artwalk. Local artists and craftsmen display and sell their artwork to the public. This trip is also a great chance to visit the wharf and Santa Barbara Pier. Visit (sbartwalk.com) for more info.

Kickboxing: (9:15-10:15am) This beginning level class is a great introduction to Kickboxing as a fun exercise. \$10 pp

Yoga: (10:30-11:30am) Yoga is an invigorating start to your day. The class is for all levels and blends a variety of Hatha styles (emphasizes specific postures in combination with controlled breathing) to create a comprehensive, well-balanced Yoga practice. \$10 pp

Adult Surfing Lessons: (9:15-11:45am) How could you go to family camp on the beach and not learn to surf? Check with our surfing instructors for private lessons if you have younger ones that would like to participate. We have a number of spring suits that are available for you, but recommend you bring your own wetsuit if you have one! 13 years and older for adult lessons. \$45 pp

Family BBQ: (12:00-1:00pm) BBQ on the FVC Lawn. Vegetarian and kid friendly food included!

Family Carnival: (12:45-1:45pm) Immediately following BBQ we begin the Family Carnival. It's time to test your superhero skills at this fun-for-the-whole family carnival! Check out the game booths and group games as you



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learn to be superheros. Stay on the FVC lawn for this “can’t miss” event! Sign up for Monday evenings Talent Show after the family Carnival.

Kids Intro to Tennis: (2:00-4:00pm) Join Tennis Pro Charlotte Scatliffe on the courts for this fun and interactive tennis event. Kids ages 8-13 are invited to this introduction class.

Tennis Competitive Match Play: (2:00-4:00pm) It’s time to hit the courts. Our tennis team will match you with other vacationers to guarantee a great time.

Youth Surfing Lessons: (2:15-4:45pm) How could you go to family camp on the beach and not learn to surf? Check with our surfing instructors for private lessons if you have younger ones that would like to participate. We have a number of spring suits that are available for you, but recommend you bring your own wetsuit if you have one! 8-12 years and older for youth lessons. \$45 pp

SLR Digital Photography Workshop: (2:30-3:30pm) Join the FVC Professional Photographer and dive into the world of Digital Photography focusing on SLR equipment (Single Lens Reflex). This informative workshop will guide you through the basics of using your camera and lenses to the fullest and set you up to catch every stunning moment of your vacation.

Kids Group Party: (5:15-9:00pm) This Kids Only Party starts as kids meet their counselors in Kids Group rooms. We will have dinner together followed by fun games, exciting activities and crafts! The 3 year old group and Pre-K group should wear their favorite pajamas for their very own Pajama Party in the TV Lounge!

High School Campout: (4:30pm) The teens will be leaving in the late afternoon on Sunday for their big overnight camping trip. Please bring sleeping bags and warm clothing.

Welcome Mixer, Dinner and Vegas Night: (5:30-9:00pm) Adults only (21+). Join our crew for a welcome cocktail party hosted by the FVC Supervisors, followed by a dinner at UCSB’s unique Faculty Club. Vegas Night will then kick off with Dancing and Casino Play! This evening is included in your FVC stay; if additional guests will be joining us, please let the office know one week in advance and they will arrange for you to add additional guests to the list for \$25 pp.

MONDAY

Wine Country Tour: (9:15am-3:30pm) Adults only (21+). The Wine Country tour will feature three wineries and vineyards specially selected for their breathtaking surroundings, knowledgeable tour guides and exquisite wine selections. We will be enjoying lunch as part of this tour. \$60 pp.

Kayaking: (9:15-11:45am) Ocean Kayaking is an ideal way to experience the ocean in Santa Barbara! Our waters are rich in marine and bird life, so be ready for some fantastic sightings. Our tour is designed to give you the chance to enjoy the sport of ocean kayaking on a single or double “sit on top kayak” with a skilled guide. Limited space available. Ages 7-11 with an adult. \$45 pp

Santa Barbara Hike:(9:15am-3:00pm) This hike is a great way to see the beautiful views of Santa Barbara. sack lunches are provided. Please bring a hat and sunscreen and don’t forget extra water. The hike is approximately 5 miles long, hilly and suited for intermediate hikers.



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Tennis Adult Beginning lesson: (9:15-11:45am) Are you new to tennis? If so, we are ready to teach you the step-by-step the fundamentals of the game. Join us on the court for this fun, no-stress beginning tennis lesson.

Adult Surfing Lessons: (12:45-3:15pm) See previous description.

Tennis Adult Intermediate and Advanced Lesson: (1:00-3:00pm) Tennis Pro Charlotte Scatliffe will direct and guide vacationers who would like to add some polish to their game. This lesson is a great chance to meet other vacationers at your level and set up matches for later in the week.

Kids Dance Class: (3:45-4:45pm) Calling all aspiring young dancers! Join us on the FVC Lawn for an introduction to some great dance moves.

Golf Clinic: (4:00-5:00pm) The FVC will be featuring Glenn Annie Golf Club as our golf destination this year. This clinic, taught by a golf professional, is the perfect way to see the course, warm up and take a few tips before hitting the links tomorrow morning at the Annual FVC Golf Tournament. Golf instruction will cover all aspects of the game of golf (full swing, short game, putting, sand play, etiquette, rules, course management, etc.) and will be tailored to your individual needs. \$25 pp

Talent Show: (6:30-7:30pm) One of our favorite activities where you as a family or an individual get a chance to share your talents. It is a good opportunity to polish up those rusty instruments, wacky skits and have some family fun. Limit one act per family / per guest. Sign ups for the Talent Show are after the Family Carnival on Sunday.

Top Chef Challenge: (8:00-9:30pm) Adults only (21+). Inspired by the hit TV show, we invite our vacationers to experience TOP CHEF CHALLENGE...FVC style! After splitting into teams, we will compete for all the supplies and ingredients you need to create the best margarita and guacamole combination. The judges are tough so bring your best culinary skills for this amazing new event.

TUESDAY

Golf Tournament: (7:00am-12:00pm) Enjoy one of the nation's premier golf courses, Glenn Annie Golf Club, and meet fellow FVC golfers in the process. The Tournament fee includes a round of golf and cart. Reservations MUST be made in advance. Please NOTE the cancelation policy is ONE full week out to not incur a charge. Price is \$75 pp.

Tennis All Skill Levels Doubles Play: (9:15-11:45am) Our tennis team will match vacationers based on skill levels and facilitate Double Match Play.

Barefoot Training: (9:15-10:15am) This full-body functional training class is a fusion of Pilates and yoga principles, calisthenics, and core strength training. All you need are your bare feet. We will use our body weight as resistance to tone our muscles and we will integrate barefoot training methods to help strengthen our feet and correct imbalances in our ankles, knees and hips. We will practice exercises to enhance posture, walk with greater confidence, and move with integrity. For all fitness levels. \$10 pp

Campus Tour: (9:15-10:30am) Did you know that Storke Tower is the largest steel structure in the tri-county area, is 175 feet tall, and holds 61 bells? Did you know that Campbell Hall is the largest auditorium on campus with 860 seats? If you would like to learn more about the UCSB campus, join an FVC staffer for an exclusive campus tour.



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Plein Air Painting Class: (9:15-11:30am) Join Alumni Professional Artist Chris Potter for this introduction to the world of Plein Air Painting. This oil painting class with roots in France celebrates the art and technique of painting outdoors. This class will be held overlooking the beach and includes all the supplies you need to create your own Plein Air Painting canvas. \$40 pp

Mountain Bike Ride: (10:00-11:45am) We will head past Sands Beach, into the Ellwood open space and onto the edge of Sandpiper Golf Course. You don't want to miss the beautiful views of the coast. The ride will consist of a mixture of road and dirt and is approximately 8 miles.

Yoga: (10:30-11:30am) See *previous description*

Adult Surfing Lessons: (12:45-3:15pm) See *previous description*.

Kids Tennis lesson: (1:00-3:00pm) Join Tennis Pro Charlotte Scatliffe on the courts for this fun and interactive tennis event. Kids ages 5-13 are invited to this introduction class.

Family Pool Party: (1:00-3:00pm) Join us around the pool area for music, pool and lawn games, and fun for the entire family.

Youth Surfing Lessons: (2:30-4:45pm) See *previous description*.

Kids Night Out: (5:00-9:00pm) Kids Night Out features an interactive Superhero Scavenger Hunt full of Adventures and Crazy Excitement. Small World will be open for the little ones and the 3 year olds will meet their kids' group counselor in their room. Pre-K-4th graders will meet out on the FVC Lawn while the 5th grade-Junior High kids meet in the lounge for a fun party! Please make sure that you send a jacket or VC sweatshirt with your children for KNO.

Adult Night on the Town: (5:15-9:00pm) We will provide free shuttles for you to enjoy a night on the town in beautiful Santa Barbara. There will be multiple drop-off and pick-up locations to suit your needs. Space is limited so sign up early!

FVC Pub Trivia Night: (9:00-11:00pm) Adults only (21+). Join us at the Loma Pelona building for "FVC Pub Trivia Night." Come show off your inner Alex Trebek and challenge our staffers in a rousing tournament that will surely get you thinking. Get a babysitter, tuck those kids in and come kick up your heels. We will supply snacks, soft drinks and open bar.

WEDNESDAY (FAMILY DAY)

On Wednesday, we encourage you to have a wonderful time as a family. It is a great opportunity during the week to see beautiful Santa Barbara.

There are many wonderful family activities in Santa Barbara:

- The Beach
- Golf courses
- Museum of Natural History
- The Mission
- The Botanic Gardens
- Horseback riding
- Bike riding
- Trips to the Channel Islands
- UCSB Recreation Center and Pools



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Family Rock Wall: (9:15-11:30am) **NEW! Located at the UCSB Recreation Center, we will outfit you with a harness, helmet and basic climbing instruction, and before you know it you will be climbing like a pro. The wall features easy climbing paths for kids to challenging paths for adults. \$25 pp**

Adult Surfing Lessons: (9:15-11:45pm) *See previous description.*

Reptile Show: (10:30-11:30am) **NEW!** This Free Family show is held on the FVC lawn and features tons of creepy crawly and other amazing reptiles. At this educational show we will learn about each animal's habitat and the features that make them unique. Interaction with the reptiles is optional, but missing this show is not!

Youth Surfing Lessons: (1:00-3:15pm) *See previous description.*

Youth Surfing Lessons: (2:30-4:45pm) *See previous description.*

Family Yoga: (2:30-3:30pm) **NEW! Free Family Yoga is held on the FVC lawn and is a great chance to experience this workout in a family-friendly (noise is okay!) environment. We will practice basic poses appropriate for all ages and skill levels.**

Family Bocce Ball: (4:00-5:00pm) **NEW! Come on out to the FVC lawn to learn the basics of Bocce Ball. This Italian family favorite is great for all ages and skill levels.**

Family Bingo: (7:00-8:00pm) Family Bingo is a great event for the whole family. Join us in Carrillo Dining Commons for an action-packed bingo game. Be sure to come in your disco gear as this is no ordinary bingo game... it is Disco bingo!

BYOB Wine Night and Perfect Match Couples Game: (9:00-10:30pm) **NEW! Adults only (21+). Get ready to share your favorite wine with other vacationers in this informal and wildly fun event. The highlight of this event is sure to be our Perfect Match Couples Gameshow. We challenge you to test your knowledge about your significant other and find out if you truly are a "Perfect Match."**

THURSDAY (BEACH DAY)

SB Mission Tour: (9:15-12:00pm) We travel back to the 1800's during this tour of the historic Santa Barbara Mission. This tour includes all transportation and tour entrance fees. \$15 pp

Kayaking: (9:15-11:45am) *See previous description.*

Santa Barbara Bike Ride: (9:15am-12:15pm) This very popular 27-mile bike ride winds through beautiful Hope Ranch and to Shoreline Park. You will see stunning views of the ocean before heading to State Street in downtown Santa Barbara. We mix in a few "character building" hills to keep everyone honest. You will need a sturdy bike to make it downtown and back. *FVC bikes are not appropriate for this ride.*

Yoga: (9:15-10:15am) *See previous description.*

Tennis all levels Adult lesson: (9:15-10:30am) Tennis Pro Charlotte Scatliffe will direct and guide vacationers who would like to add some polish to their game.



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Tennis Aerobics: (10:30-11:45am) We will hit the courts for a tennis-based aerobic workout hosted by your favorite Tennis Pro's.

Beach BBQ at Goleta Beach: (12:00-1:00pm) Enjoy a fully-catered BBQ lunch at Goleta Beach. Guests on the SB Bike trip will end at the beach and join us for lunch. You can ride a bike, walk (25 min) drive your car or take a shuttle. The kids groups will meet us there. All 3 year olds and Pre-K will shuttle over with their car seats in a van. Middle school and 4th-6th grades will ride their bikes to the beach and back. If you plan to eat lunch with your child, remember to sign your child out with their counselor and then sign them back in when they return to their group.

Tennis Serve Instruction: (1:00-2:45pm) This lesson is beneficial to all skill levels focusing on the perfect serve.

Adult Surfing Lessons: (12:45-3:15pm) See previous description.

Water Show: (3:30-4:30pm) An annual tradition is our Water Show on Thursday afternoon at the pool. Wear your bathing suits, as there are relay races and water games for every age. As a big finale, the staff performs a show for the entire family.

Family Photos: (6:30-7:00pm) Meet staff on the beach before the campfire to take your family picture. Many families use this fantastic photo opportunity to use as their holiday card! The light at this time provides an incredible background for memorable family photos. Be sure to come early and bring your camera for great sunset photos.

Campfire: (7:00-8:00pm) No camp experience is complete without a Beach Campfire. Bring your beach towels, portable chairs, flashlights and Vc sweatshirts. We meet on the beach right behind Manzanita Village. Roast marshmallows (s'mores anyone?) and enjoy a sing0along with your FVC staff.

Adult Karaoke: (9:00-11:00pm) Adults only (21+). Join other adults in Loma Pelona for some crazy karaoke action. We will provide the wine and beer...you provide the vocals! Don't forget to book a babysitter.

FRIDAY

Nature Photography Workshop: (9:15-11:15am) This workshop is designed to guide photographers with the tricks of the trade to capture beautiful and awe-inspiring photos. This excursion will start with a short drive/walk to a picture-perfect location where the FVC Professional Photographer will lead you on a nature walk. You will experience three very different natural backdrops and will have amazing photos to prove it!

Adult Surfing Lessons: (9:15-11:30am) See previous description.

Tennis Olympics: (9:15-11:00am) Join other tennis aficionados for games and prizes. The Tennis Olympics are the ultimate finish to a great week of tennis!

Kids Group Show: (11:15-11:45am) Children perform skits and songs in the Kids Group show. It's often silly or sentimental and rarely professional, but who cares...it's your children and they are just so cute! Don't miss it.

Staff vs. Vacationer Softball Game: (1:00-3:00pm) Rumor has it that the staff has never lost a game! Meet at the Plaza to shuttle over to the Softball Stadium or ride your bike over!



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Tennis Tournament: (1:00-3:00pm) This is your final chance to hit the courts. Join the tennis team for the Final Tennis Tournament of your vacation.

Pinewood Derby Race: (3:30-4:30pm) You have worked on your cars all week and now it's time to put them to the test. Join other Pinewood Derby racers for a spirited battle on the FVC Race Track. They all will race, but only one winner will take home the cup!

Farewell Show and Awards: (7:00-8:30pm) The grand finale of the week is the "Farewell Show." Special Awards are given to event winners and the staff show off their talents and charm. We conclude with a slide show of the week's activities and memories. It's a wonderful end to a "SUPER" week.